VALLEY DOMINATOR PRE-SEASON GRINDER FOLKSTYLE TOURNAMENT SATURDAY, OCTOBER 20TH, 2018

TOURNAMENT DIRECTORS- ERIC MILLER PHONE: (540) 383-6492
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PLACE: HARRISONBURG HIGH SCHOOL

AWARDS: 1st, 2nd, 3rd and 4th place in each weight class will receive medals

ENTRIES: **ONLY WAY TO ENTER IS ON WWW.TRACKWRESTLING.COM**

https://tinyurl.com/2018VDPG

MUST BE REGISTERED ONLINE BY 8:00PM THURSDAY, OCT 18

WEIGHINS: WEIGHTS ARE ENTERED ON TRACK WRESTLING – HONOR CODE

A scale will be on site for random weight checks and challenges. Any wrestler greater than 3 pounds of what they sent in will be disqualified and forfeit their matches, with no refund. A scale will be available all day, so if you want to come weigh in and prove your weight, you can do that when you arrive and be cleared for the whole day.

DIVISIONS: PEEWEE - Grades K – 3 HIGH SCHOOL - Grades 9 - 12
JUNIORS - Grades 4 – 5 OPEN - Post High School
MIDDLE - Grades 6 - 8

MATCH TIME: PW – MIDDLE: 1-1-1, HS and OPEN: 2-1-1
You may wrestle up one age/weight division with extra fee of $10 (email me)

WRESTLING STARTS AT 9:00AM FOR PW, JUNIORS and MIDDLE
WRESTLING STARTS AT 1:00PM FOR HIGH SCHOOL and OPEN

WEIGHT CLASSES: Weight classes will be formed using the Madison System.

COST: $30.00 Registration Fee, Online only at www.trackwrestling.com FREE ADMISSION

DIRECTIONS: (to 1001 Garber's Church Road, Harrisonburg, VA 22801)
From Interstate 81 take Exit 245 (JMU exit), Turn west onto Port Republic Road, Turn Right onto High Street (Route 42 North), Turn Left on West Market Street (US 33 West), Travel 1.3 miles turn left onto Garber's Church Rd, High School is on right about 1 mile

CONCESSIONS WILL BE AVAILABLE ALL DAY

LAST YEAR WE HAD OVER 250 WRESTLERS FROM 6 DIFFERENT STATES